M Math Hopper N $\boxed{\begin{smallmatrix}5\\ \times 7\end{smallmatrix}}$

If the following constant math hoppers start at 0:

1. How many hops would it take for a $+7$ math hopper to reach 56?

2. How many hops would it take for a $+14$ math hopper to reach 56?

3. How many hops would it take for a $+14$ math hopper to reach 560?